

Required skills and experience needed to be a Social Inclusion Volunteer	
Areas	What you will need to be able to do
Knowledge & Experience (or willingness to learn)	<ul style="list-style-type: none"> • Have an understanding that people can recover in different ways. • Some knowledge of the local area and communities • Have an understanding of, and commitment to equal opportunities, diversity and people's rights • Previous experience of supporting others, particularly in relation to their mental health would be helpful
Skills	<ul style="list-style-type: none"> • Ability to create connections with people • Ability to listen attentively and encourage engagement • Ability to feedback information accurately • Ability and commitment to keeping information confidential • Confidence to work independently in the community
Personal Attributes	<ul style="list-style-type: none"> • To be reliable, punctual and flexible • To be confident dealing with a variety of emotions in others • To connect with a wide range of people who may have differing opinions and experiences to your own • To be non-judgemental and have a genuine interest in helping others. • Personal resilience that helps you to look after your own physical and mental wellbeing
Additional Requirements	<ul style="list-style-type: none"> • Must be able to travel independently • Must be able to use email and phone • A DBS check will be required • Ability to make a regular commitment

Training & Support Offered	
	<ul style="list-style-type: none"> • Organisational Induction with Volunteer Manager • Introduction to Omnia including training in Recovery Practice, recovery focussed support and safety planning and coaching skills. • 2 days training to include Professional Boundaries, Safeguarding and Safety at Work. • Wellness Action Planning • Regular supervision with team leader • MHFA training may be offered at a later date • Out of pocket expenses can be reimbursed • Opportunity for further personal development and training depending on your interest.

Notes – Please bring this with you to your meeting with us	