

Thank you for your interest in becoming an Anchor Volunteer!

Here is a little more information to give you a clear understanding of the role:

What does an Anchor Volunteer do?

The Anchor project is a new project with the aim to support those who have been bereaved from suicide. An Anchor volunteer will support the Suicide Bereavement Project lead in the setup and delivery of weekly support groups. As this is a new project, there may also be volunteering opportunities to promote the project at future events.

Who makes an ideal Anchor volunteer?

We are looking for someone who is committed, reliable and has the ability to connect and empathise with people who are going through difficult situations.

We are looking for someone who can be available during Tuesday daytime and/or evening and who is willing to travel.

Training and Support

We want to make sure you get the most out of the role, so we will start out by orientating you to the organisation and how your hard efforts will help others. You will also receive Mental Health First Aid England training and Suicide awareness training so you feel equipped to support others.

The nature of this volunteer role can be emotionally demanding. In order to safeguard your own wellbeing we will encourage you to create your own Wellness Action Plan and we will provide you with ongoing 1:1 support with the project lead over your time volunteering with us. All volunteers have the additional support of our volunteer manager if required.

Are Volunteer expenses paid?

Yes – travel costs that volunteers incur whilst receiving training or travelling to and from the group venue will be reimbursed.

Download the criteria list for a comprehensive look at the role and how to apply

We hope this feels like an exciting and interesting opportunity to you